

When you should keep your child home from Pre-School
[a reference guide for parents/carers]

Illness	Can my child come to Pre-School?	Notes:
Antibiotics	Yes – but only after 48 hours of first dose	Your child can attend Pre-School 48 hours after they have received their first dose of anti-biotics. [our Administering Medicines policy will then apply]
Chickenpox	No	Your child can return only once all the spots have crusted over and at least 4 days after the spots first appeared. We will notify all parents that we have had a case of chickenpox at the setting
Cold Sore	Yes	Encourage your child not to touch the blister or kiss anyone or to share bottles, cups or towels
Coughs & Colds, minor	Yes	Providing they do not have a fever/high temperature and ONLY have a minor cough or common cold, your child can attend Pre-School
Conjunctivitis	Yes	Encourage your child not to rub their eyes and to wash their hands regularly. Visit your pharmacist for advice.
COVID-19	Yes	If your child has mild symptoms (such as a runny nose, sore throat or slight cough) and they are otherwise feeling well they can come to Pre-School.
	No	If your child has any of the above symptoms AND have either of these symptoms... <ul style="list-style-type: none"> • they do not feel well, or appear unwell • have a high temperature your child should stay home and avoid contact with other people wherever possible.
	No	Although not required to do a COVID-19 rapid lateral flow test if they have symptoms, IF your child has tested positive for COVID-19 they should stay at home and avoid contact with other people for 3 days after the day they took a test.
Diarrhoea and/or Vomiting	No	Your child should stay home until they are no longer being sick or have diarrhoea and must not return to Pre-School for at least 48 hours (2 days) after their last bout of sickness/diarrhoea.
Ear Infection	No	If your child has an ear infection AND a high temperature OR an ear infection with severe earache, please keep them home until they are feeling better. They can return to Pre-School once they are no longer in discomfort/pain and providing they do not have a fever.
Fever or High Temperature	No	<ul style="list-style-type: none"> • A high temperature (fever) is 38°C or above. • If your child has a high temperature (fever) you must keep your child home. • If your child develops a high temperature during the day whilst in our care, we will call you so that you can arrange to collect your child without delay.
Hand, Foot & Mouth Disease	Yes	If your child is well enough, or seems well enough, there is no need to keep them off Pre-School. Encourage your child to throw away any used tissues straight away and to wash their hands regularly.
Head Injury that required medical treatment.	Yes – after 48 hours	<p>If your child has suffered a head injury and/or has needed treatment from medical professionals following a head injury, the NHS website recommends that an “adult stays with ... your child for at least the first 24 hours” and for parents to be alert for the symptoms of concussion and that “<i>children should avoid rough play for a few days.</i>” and to remain alert for “<i>symptoms of concussion, such as a slight headache or feeling sick or dazed, for up to 2 weeks...symptoms usually start within 24 hours, but sometimes may not appear for up to 3 weeks.</i>”</p> <p>With this in mind, it is our policy for parents to keep their children at home for the first 48 hours following a head injury that has required medical treatment.</p>

Head Lice or Nits	Yes – after treatment	<p>We ask parents not to send their child to Pre-School with untreated head lice.</p> <p>Staff will not diagnose headlice infection unless they have found a living, moving louse, or if they have evidence of this from the parent/carer.</p> <p>If staff become aware that your child may have head lice (or nits) as they have noticed a living moving louse, we will contact you to ask you to collect your child so that they can be treated without delay.</p> <p>Your child can return to Pre-School once they have received treatment.</p> <p>We will notify all parents that we have had a case of head lice in the setting so that they can check their own child for signs of infection.</p>
Impetigo	No	Keep your child home until all the sores have crusted over and healed, or for a minimum of 48 hours after they start antibiotic treatment.
Medicines – Non Prescription including Paracetamol or Ibuprofen based medicines. e.g. <u>Calpol</u>	No	<p>If you have given your child a paracetamol or ibuprofen based medicine for children e.g. Calpol or Nurofen for children on the same day that they are due in for their session, you must keep your child home as your child is likely in pain, discomfort, has a high temperature/fever or is otherwise not well enough for Pre-School.</p> <p>We do not administer further doses of non-prescription medicines.</p> <p>Brand names include: Calpol, Disprol, Hedex, Medinol, Panadol, Nurofen for children, Calprofen, Brufen</p>
Ringworm	Yes	This is a fungal infection and may require prescription medicine from your GP. Once your child has started treatment they can return to Pre-School.
Rash	Yes	After medical advice has been sought for a rash of unknown origin.
Scarlet Fever	No	A child with scarlet fever will need treatment with antibiotics prescribed by a GP, otherwise they will be infectious for 2-3 weeks. Following successful treatment and provided your child is no longer infectious, and provided they are well enough, they can then return to Pre-School.
Sore Throat	Yes/No	You can bring your child to Pre-School if they have a sore throat BUT if they also have a high temperature they should stay home. (Sore throat and a temperature can be symptoms of tonsillitis)
Slapped Cheek	Yes	Once the rash appears, the child is no longer infectious and you will not need to keep them off Pre-School.
Threadworms	Yes	Your child can attend Pre-School if they have threadworms. Ask your pharmacist for treatment advice.

The above list of common childhood illnesses is not exhaustive and we reserve the right to temporarily suspend your child's registration or temporarily refuse admittance to the setting if your child has contracted an infection, disease or condition that is not listed above and for which our risk assessment indicates that we are unable to mitigate risks or establish adequate control measures to ensure the health and safety of other children or staff in the Pre-School.

Notes: "If your Child is Unwell" is an excerpt from our Health & Safety Policy [Health Procedures: 04.5 "Poorly Children"] which is available in full to view on our website or available in printed format on request